

## My Yummy Mummy Guide By Karishma Kapoor

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Karishma Kapoor pens a book on motherhood*Karisma Kapoor turns writer* **My Yummy Mummy Guide By**

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Yummy Mummy: The How To Guide I am extremely proud to introduce my very talented and beautiful friend, Courtenay, to Grenglish ( that's us on the left) . We met in 2004 when she answered my ad in Loot looking for a flatmate to share with in Maida Vale.

### Yummy Mummy: The How To Guide – Grenglish

In My Yummy Mummy Guide, she shares with you all her experiences from managing her pregnancy to losing all the weight afterwards to disciplining her kids. Here is great advice on finding the perfect maternity outfits, decorating your children's rooms, juggling work life and motherhood, and planning the most stylish kiddie parties.

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Karisma Kapoor during launch of book 'My Yummy Mummy Guide'. The book is written by Karisma and Madhuri Banerjee 6 years ago. Share. Karisma Kapur at the launch of the book 'My Yummy Mummy Guide' Karisma Kapur launches the book 'My Yummy Mummy Guide' ...

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Karisma Kapoor has played many roles—from successful actor to businesswoman—but her favourite is being mother to her two beautiful children, Samaira and Kiaan. In My Yummy Mummy Guide, she shares with you all her experiences from managing her pregnancy to losing all the weight afterwards to disciplining her kids. Here is great advice on finding [...]

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