

## Pretending To Be Normal Living With Aspergers Syndrome Liane Holliday Willey

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With Pretending to be Normal, a collective sigh of relief was heaved, a burden was lifted and laid down.

Amazon.com: Pretending to be Normal: Living with Asperger ...

Pretending to Be Normal reads like an information-filled memoir, but the real strength of the book can be found in the appendices. There Aspies will find concrete suggestions for dealing with employment issues, sensory perceptions problems, and making conversation. Neurotypicals will find useful points for understanding those on the spectrum.

Amazon.com: Pretending to be Normal: Living with Asperger ...

Pretending to be normal: living with Asperger's syndrome (Chinese Edition) (Chinese) Paperback \u2022 January 1, 2017. by. Liane Holliday Willey (Author) \u2022 Visit Amazon's Liane Holliday Willey Page.

Pretending to be normal: living with Asperger's syndrome ...

'Pretending To Be Normal' by is a non-fiction memoir that shows Liane Holliday-Willey's life growing up as a person with Asperger Syndrome.

Pretending to Be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal: Living with Asperger's Syndrome (Autism Spectrum Disorder) Expanded Edition. by.

Pretending to be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal: Living with Asperger's Syndrome. Paperback \u2022 May 1 1999. by Liane Holliday Willey (Author), Tony Attwood (Foreword) 4.2 out of 5 stars 128 ratings.

Pretending to be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal: Living with Asperger's Syndrome: Living with Asperger's Syndrome (Autism Spectrum Disorder) Expanded Edition.

Pretending to be Normal: Living with Asperger's Syndrome ...

With Pretending to be Normal, a collective sigh of relief was heaved, a burden was lifted and laid down.

Pretending to be Normal: Living with Asperger's Syndrome ...

There is no question that Liane has been more successful at living a normal life than the majority of people on the autistic spectrum manage, which is no doubt why she chose the title \"Pretending to be Normal\".

Pretending to be Normal: Living with Asperger's Syndrome ...

Liane's original book Pretending to be Normal gave such important insights into how women with Asperger's syndrome used coping strategies in an attempt to fit into the \u2022

Pretending to be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal: Living with Asperger's Syndrome. Pretending to be Normal. : Liane Holliday Willey. Jessica Kingsley Publishers, Jan 1, 1999 - Psychology - 175 pages. 3 Reviews. The story...

Pretending to be Normal: Living with Asperger's Syndrome ...

## Read PDF Pretending To Be Normal Living With Aspergers Syndrome Liane Holliday Willey

5.0 out of 5 stars Pretending to Be Normal: Living With Asperger's Syndrome by Liane Holliday Willey. Reviewed in the United States on May 6, 2011. Verified Purchase. So, with two sons on the spectrum and from a family who have their fair share of 'differences' one tends to wonder, 'What about me?'. In fact, when reading the first information ...

Amazon.com: Customer reviews: Pretending to be Normal ...

Pretending to be Normal: Living with Asperger's Syndrome (Autism Spectrum Disorder) Expanded Edition - Ebook written by Liane Holliday Willey. Read this book using Google Play Books app on your PC,...

Pretending to be Normal: Living with Asperger's Syndrome ...

Updated edition of the bestselling story of a woman who, after years of self-doubt and self-denial, learned to embrace and appreciate her Asperger's syndrome traits. Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face many of those who have AS and charts her inspirational journey to self-acceptance.

Pretending to be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal invites its readers to welcome the Asperger community with open acceptance, for it makes it clear that, more often than not, they are capable, viable, interesting and kind people who simply find unique ways to exhibit those qualities.

Pretending to Be Normal : Living with Asperger's Syndrome ...

Pretending to be Normal: Living with Asperger's Syndrome (Autism Spectrum Disorder) Expanded Edition: Author: Liane Holliday Willey: Contributor: Tony Attwood: Edition: reprint: Publisher: Jessica Kingsley Publishers, 2014: ISBN: 0857009877, 9780857009876: Length: 192 pages: Subjects

Pretending to be Normal: Living with Asperger's Syndrome ...

↑The Pretending to Be Normal: Living with Asperger's Syndrome Study Guide contains a comprehensive summary and analysis of Pretending to Be Normal: Living with Asperger's Syndrome by Liane Holliday Willey. It includes a detailed Plot Summary, Chapter Summaries & Analysis, Character Descr

↑Pretending to Be Normal on Apple Books

Pretending to Be Normal: Living with Asperger's Syndrome. By Liane Holliday Willey, Tony Attwood. Read preview. Excerpt. The autism umbrella is vast. Within its boundaries is a wide range of abilities and disabilities; a wide range of differences. It is a fluid diagnosis, one that has no definite beginning and no certain end.

Pretending to Be Normal: Living with Asperger's Syndrome ...

Pretending to be Normal Quotes Showing 1-9 of 9 ¶If we are only interested in changing the AS person so that they can better meld themselves into society - a tenuous and nebulous concept to begin with - then perhaps we are misguided. The AS community gives us much cause to celebrate.

Compelling and witty, Liane Holliday Willey's account of growing to adulthood as an undiagnosed 'Aspie' has been read by thousands of people on and off the autism spectrum since it was first published in 1999. Bringing her story up to date, including her diagnosis as an adult, and reflecting on the changes in attitude over 15 years, this expanded edition will continue to entertain (and inform) all those who would like to know a little more about how it feels to spend your life 'pretending to be normal'.

~This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' -ASPEN Newsletter `For families living with "Aspies" and professionals working with them, this is highly recommended to further understand the challenges of Asperger Syndrome' -Joan Wheeler, CoOrdinator, Regional Services `This autobiographical narrative details the life of a woman with Aspergers Syndrome (AS), a mild form of autism. It focuses on the obstacles she confronts, her means of overcoming them, and her ultimate recognition and acceptance of her status as an "aspie" ...The book will be an aid for people who have AS and it may be even more useful for those who do not have it, but who are close to someone who does.' - Disability Studies Quarterly `The book will be of great benefit to everyone concerned to help children and adults with mild Asperger's syndrome, but most of all to the people who are themselves affected.' - Child Psychology and Psychiatry `The author is a university lecturer who found that many of the puzzles of her own life fell into perspective when, after several years of knowing one of her twin daughters was different from the other, she eventually found someone who listened and explained Asperger's Syndrome. She vividly describes her own difficulties and emotions as she herself grew up with Asperger's Syndrome...Her story is told simply and through it we gain insight into what it is like to lose your way in your own home town, be assaulted by your heightened senses and attempt to unravel the mysteries of social communication. In the appendices she describes the strategies that have been of most help to her. This book is a testimony to the exceptional qualities of those who have Asperger's Syndrome.' - Therapy Weekly `Before reading this book I had some academic knowledge of the symptoms of Asperger's Syndrome which had stimulated my curiosity about what it might be like to suffer from the condition. I looked forward to reading the book to see if it would help me to understand how a person with Asperger's might think and feel. I was not disappointed. The book is well written and easy to read and I found it hard to put down. I felt the author's descriptions of her struggles to communicate with others and cope with sensory overload gave me a real insight into how Liane thinks and feels. It also gave me food for thought about conformity pressures in our society and how we treat people who seem different from the norm...This is a hopeful and optimistic book. Liane is a doctor of education and she is happily married with three children. I used the words "suffer from Asperger's syndrome" deliberately in the first paragraph as that is how I saw it. Liane has a different view - she does not minimise the difficulties she has had to face but she does not wish she was different.

She challenges us to think about what we mean by the word 'normal' and to be less rigid in our thinking about 'normal' behaviour. I believe this is a valuable read for all counsellors and will give them much food for thought. Asperger's syndrome occurs with varying levels of severity. Hopefully, reading the book will help counsellors to work more effectively with clients who may have the syndrome to some degree and to avoid labelling them as difficult. It would also be very useful for clients where they or one of their relatives might have Asperger's Syndrome.' - *Relate News* 'Liane's autobiography will allow others to understand the world as perceived by a person with Asperger's Syndrome ... I strongly recommend this book for teachers as it will provide the previously elusive reasons for behaviours that were considered unconventional or appeared to be abnormal. Specialists and therapists who diagnose and treat such children will find the book a treasure trove of information and insight ... [this] book will be an inspiration for thousands of people throughout the world.' - *From the Foreword by Tony Attwood* 'This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' - *ASPEN Newsletter*

*Pretending to be Normal* tells the story of a woman who, after years of self-doubt and self-denial, learned to embrace her Asperger's syndrome traits with thanksgiving and joy. Chronicling her life from her earliest memories through her life as a university lecturer, writer, wife and mother, Liane Holliday Willey shares, with insight and warmth, the daily struggles and challenges that face many of those who have Asperger's Syndrome. *Pretending to be Normal* invites its readers to welcome the Asperger community with open acceptance, for it makes it clear that, more often than not, they are capable, viable, interesting and kind people who simply find unique ways to exhibit those qualities. The last part of the book consists of a series of substantial appendices which provide helpful coping strategies and guidance, based on the author's own experience, for a range of situations. This positive and humane book will provide not only insight into the Asperger world which will prove invaluable for the professionals who work with people with Asperger's Syndrome, but also hope and encouragement for other people with Asperger's Syndrome, their families, and their friends.

Life with Asperger's Syndrome can be a challenge at the best of times, and trials and tribulations that neurotypicals take in their stride can leave Aspies perplexed and unsure of how best to solve problems and keep themselves safe, both physically and emotionally. This book explores difficulties that those with AS may face, and suggests practical and helpful ways of overcoming them. Liane Holliday Willey's positive and encouraging advice teaches people with Asperger Syndrome how to appreciate their differences and work from their strengths, by being honest about and coping with challenges. By setting realistic expectations, she shows how it can be possible to live on your own and take care of yourself, touching upon everything from banking and housing to roommates, friendships, and relationships. Jobs and the workplace are explored as advice is given on interviewing, performance, and getting along with colleagues, and the importance of setting boundaries is explained. The focus throughout is on keeping yourself safe, and this extends to travel, cultural awareness, and generally organising yourself. Personal hygiene and the body are also covered, along with nutrition and illness. The advice all adds up to show that people with AS can safeguard themselves from emotional and physical harm and live happy and independent lives, as long as the right guidance is available. This book will be of interest to people with Asperger Syndrome, their friends and families, and professionals working alongside ASDs.

Liane Holliday Willey and one of her daughters both have Asperger Syndrome. In *Asperger Syndrome in the Family* she looks, with honesty, wisdom and humor, at the implications this has for her family, both the Aspie and the non-Aspie members. Through personal vignettes, frank discussions and practical suggestions for dealing with everything from major to minor Aspie challenges, Liane, her husband and their three daughters bravely open their home to their readers, inviting them to look behind the curtains at their version of Aspie life. Not only does the book underscore the importance of mutual support and respect in an Aspie family - in fact in any family - it offers practical help for families in similar situations. This is a rich and positive book that will speak to all those whose lives have been affected by Asperger Syndrome.

Reflecting the views of parents, professionals and those with AS themselves, this book tackles issues that are pertinent to all teenagers, such as sexuality, depression and friendship, as well as topics like disclosure and therapeutic alternatives that are more specific to those with AS. This book is an essential survival guide to adolescence.

**Subject:** Girls with Asperger's Syndrome are less frequently diagnosed than boys, & even once symptoms have been recognized, help is often not readily available. The image of coping well presented by AS females can often mask difficulties, deficits, challenges, & loneliness.

The poignant, funny, and truly unique observations of a young writer diagnosed with Asperger's Syndrome. "Please be forewarned that you are about to read the observations and life lessons of someone who entertains himself by farting in public and conversing in gibberish with his cats." Thus begins the charming, insightful, and memorable story of Jesse Saperstein. Diagnosed with Asperger's Syndrome, a mild form of autism, Jesse has struggled since childhood with many of the hallmark challenges of his condition-from social awkwardness and self-doubt to extreme difficulty with change and managing his emotions. He has also worked hard to understand and make the most of his AS- developing his keen curiosity and sense of humor, closely observing the world around him, and most of all, helping others with AS to better cope and even thrive. Told with endearing and unflinching honesty, Jesse brings his unique perspective to the circumstances of his life and his condition.

Just a few weeks old, Dasha the cat found herself in a family with an autistic child. The publication of Temple Grandin's book *Animals in Translation: Using the Mysteries of Autism to Decode Animal Behaviour* turned the household into a research laboratory, with the humans observing Dasha's behaviours and the cat experimenting with the 'human guinea pigs'. The feline perspective provides a new outlook on autism conditions, challenging long established stereotypes and analysing controversies in the field with an unbiased attitude and humour. The text is interspersed with Dasha's 'wisdoms', 'research notes' and definitions of concepts based on her own understanding, such as 'A pet shop is a place where humans come to be adopted by the animals who are brave enough to take a responsibility of looking after them.' *Dasha's Journal* provides research-based information in an amusing and accessible form and makes serious and complicated issues such as sensory perception, memory, communication, savant skills and challenging behaviours in autism easily understandable for the general reader.

*Inside Asperger's Looking Out* follows in the best-selling footsteps of Kathy Hoopmann's *All Cats Have Asperger Syndrome* and *All Dogs Have ADHD*. Through engaging text and full-color photographs, this book shows neurotypicals how Aspies see and experience the world. Each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights and strong smells, to literal thinking and difficulty understanding social rules and reading body language and facial expressions. At the same time, the book highlights and celebrates the unique characteristics that make those with Asperger's Syndrome special. This is the perfect introduction to the world of Aspies, told from their own perspective, for the people in their lives: including family, friends, and classmates. Those with Asperger's Syndrome will also appreciate this book for the way it shares their

own singular perspectives on life.

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