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~~The Making Of A Genius by Otedola KanmiAthleticsThen 1995 Episode #3 part 2 of 4 How To | Kayak Road Trips Super Milers Coe and Overtt Mix Fondistes Blanes.mov Genevieve LaGaze | My Life as a Steeplechaser Observations on good running technique with Olympian Victoria Mitchell Steve Cram Steve Overtt World Athletics 1,500m Final, Helsinki 1983 The Perfect Distance Overtt And Buy The Perfect Distance: Overtt and Coe: The Record Breaking Rivalry New Ed by Butcher, Pat (ISBN: 9780753819005) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.~~

~~The Perfect Distance: Overtt and Coe: The Record Breaking ...~~

The Perfect Distance is both a detailed re-creation and a fitting celebration of the greatest era of British athletics. --This text refers to an out of print or unavailable edition of this title. Book Description

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The Perfect Distance: Overtt & Coe - The Record-Breaking Rivalry by Pat Butcher

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There ' s a poignant moment at the end of the (excellent) film Rush , where Formula 1 racer Niki Lauda admits to his arch-enemy James Hunt that their bitter enmity on the racetrack made them both better drivers and champions: “ A wise man gets more from his enemies than a fool from his friends. ”

~~The Perfect Distance: Ovett & Coe — The Record Breaking ...~~

The Perfect Distance: Ovett and Coe: The Record Breaking Rivalry . By Pat Butcher. Abstract. teve Ovett and Sebastian Coe presided over the golden era of British athletics. Between them they won three Olympic gold medals, two silvers, one bronze, and broke a total of twelve middle-distance records. As far apart as possible in terms of class and ...

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The book delves into the roots/family influences of the two very talented middle distance runners including Ovett's very influential mother and Coe's father and coach. The author captures the excitement of breaking world records, running in the Olympic games and the expectations associated with being athletes at thier prime.

~~The Perfect Distance — Ovett and Coe: The Record Breaking ...~~

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This is a very detailed and rich biography not only of Ovett and Coe but of history of the mile particularly from the British view point. As the author notes, the emergency of Ovett and Coe strides right into British middle distance runners dominating the world scene in the late 70s and early 80s with Cram, Elliott and Moorcroft.

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Stephen Michael James Ovett OBE (/ o v t /; born 9 October 1955) is a retired British track athlete. A middle-distance runner, he was the gold medalist in the 800 metres at the 1980 Olympic Games in Moscow, and set several world records for 1500 metres and the mile run and a world best at two miles .

~~Steve Ovett — Wikipedia~~

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